

SHIN'S SCHEDULE OF CLASSES

Effective 08/08/2023 - 06/07/2024

Office/ 661.257.6767 Office Email/ office.shinsfmac@gmail.com

Gym	MON	TUE	WED	THUR
3:30 PM	Ages 4 - 8 KICK & FLIP	Ages 4 - 8 KICK & FLIP	Ages 4 - 8 KICK & FLIP	Ages 4 - 8 KICK & FLIP
4:15 PM	Ages 5 - 12 MARTIAL ARTS	Ages 5 - 12 KICK & FLIP	Ages 5 - 12 MARTIAL ARTS	Ages 5 - 12 KICK & FLIP
5:00 PM	Ages 5 - 12 KICK & FLIP	Ages 5 - 12 KICK & FLIP	Ages 5 - 12 KICK & FLIP	Ages 5 - 12 KICK & FLIP
5:45 PM	Ages 8+ MARTIAL ARTS	Ages 8+ MARTIAL ARTS	Ages 8+ MARTIAL ARTS	Ages 8+ MARTIAL ARTS
6:30 PM	Ages 8+ KICK & FLIP	Ages 8+ KICK & FLIP	Ages 8+ KICK & FLIP	Ages 8+ KICK & FLIP

Gym	SAT
9:30 AM	Ages 5+ MARTIAL ARTS
10:15 AM	Ages 5+ KICK & FLIP

Upstairs	MON	TUE	WED	THUR
3:45 PM	Ages 4 - 8 SAFEGUARD	Ages 4 - 8 MARTIAL ARTS	Ages 4 - 8 SAFEGUARD	Ages 4 - 8 MARTIAL ARTS
4:30 PM	Ages 5 - 12 SAFEGUARD	Ages 5 - 12 MARTIAL ARTS	Ages 5 - 12 SAFEGUARD	Ages 5 - 12 MARTIAL ARTS
5:15 PM	By invitation only BLACKBELT PREP Sparring Equipment Required	By invitation only JR. INSTRUCTOR PREP Sparring Equipment Required	By invitation only BLACKBELT PREP Sparring Equipment Required	By invitation only JR. INSTRUCTOR PREP Sparring Equipment Required
6:15 PM	By invitation only INSTRUCTOR PREP Sparring Equipment Required	By invitation only BLACKBELT PREP Sparring Equipment Required	By invitation only INSTRUCTOR PREP Sparring Equipment Required	By invitation only BLACKBELT PREP Sparring Equipment Required

