

## Shin's Family Martial Arts Center - Effective 1 / 6 / 20

661.257.6767

661.702.0123

Gym	Monday	Tuesday	Wednesday	Thursday
4:00 PM	Ages 4 - 8 <b>INTRO KICK &amp; FLIP</b>	Ages 4 - 8 <b>INTRO KICK &amp; FLIP</b>	Ages 4 - 8 <b>INTRO KICK &amp; FLIP</b>	Ages 4 - 8 <b>INTRO KICK &amp; FLIP</b>
4:45 PM	Ages 5 + <b>KICK &amp; FLIP</b>	Ages 5 + <b>KICK &amp; FLIP</b>	Ages 5 + <b>KICK &amp; FLIP</b>	Ages 5 + <b>KICK &amp; FLIP</b>
5:30 PM	Ages 5 + <b>**MARTIAL ARTS</b>	Ages 5 + <b>KICK &amp; FLIP</b>	Ages 5 + <b>**MARTIAL ARTS</b>	Ages 5 + <b>KICK &amp; FLIP</b>
6:15 PM	Ages 7 + <b>KICK &amp; FLIP</b>	*By Invitation Only <b>**PERFORMANCE TEAM</b>	Ages 7 + <b>KICK &amp; FLIP</b>	*By Invitation Only <b>**PERFORMANCE TEAM</b>

Gym	Saturday
9:00 AM	Ages 4 - 8 <b>INTRO KICK &amp; FLIP</b>
9:45 AM	Ages 5 + <b>**MARTIAL ARTS</b>
10:30 AM	Ages 7 + <b>KICK &amp; FLIP</b>

Upstairs	Monday	Tuesday	Wednesday	Thursday
3:00 PM	Ages 4 - 8 <b>**INTRO SAFEGUARD</b>	Ages 4 - 8 <b>**INTRO MARTIAL ARTS</b>	Ages 4 - 8 <b>**INTRO SAFEGUARD</b>	Ages 4 - 8 <b>**INTRO MARTIAL ARTS</b>
3:45 PM	Ages 5 - 10 <b>**INTRO SAFEGUARD</b>	Ages 5 - 10 <b>**INTRO MARTIAL ARTS</b>	Ages 5 - 10 <b>**INTRO SAFEGUARD</b>	Ages 5 - 10 <b>**INTRO MARTIAL ARTS</b>
4:30 PM	Ages 7 - 13 <b>**SAFEGUARD</b>	Ages 5 + <b>**MARTIAL ARTS</b>	Ages 7 - 13 <b>**SAFEGUARD</b>	Ages 5 + <b>MARTIAL ARTS</b>
5:15 PM	*By Invitation Only <b>**BLACK BELT PREP</b>	*By Invitation Only <b>**JR. INSTRUCTOR PREP</b>	*By Invitation Only <b>**BLACK BELT PREP</b>	*By Invitation Only <b>**JR. INSTRUCTOR PREP</b>
6:15 PM	*By Invitation Only <b>**INSTRUCTOR PREP</b>	Ages 7 + <b>**MARTIAL ARTS</b>	*By Invitation Only <b>**INSTRUCTOR PREP</b>	Ages 7 + <b>**MARTIAL ARTS</b>
7:15 PM		Ages 10 + <b>**MARTIAL ARTS</b>		Ages 10 + <b>**MARTIAL ARTS</b>

Upstairs	Saturday
9:15 AM	Ages 10 + <b>**MARTIAL ARTS</b>
10:15 AM	Ages 5 - 10 <b>**INTRO SAFEGUARD</b>

\* = Approval by Grand Master Shin or Ma'am Nicole

\*\* = Equipment required





