

SHIN'S FALL SCHEDULE

Effective 08 / 13 / 2024

Office: 661-257-6767 Office Email: office.shinsfmac@gmail.com

Gym	MON	TUE	WED	THUR
3:45 PM 45 min	Ages 5+ KICK & FLIP	Ages 5+ KICK & FLIP	Ages 5+ KICK & FLIP	Ages 5+ KICK & FLIP
4:30 PM 45 min	Ages 5+ KICK & FLIP	Ages 5+ KICK & FLIP	Ages 5+ KICK & FLIP	Ages 5+ KICK & FLIP
5:15 PM 45 min	Ages 5+ KICK & FLIP	Ages 5+ KICK & FLIP	Ages 5+ KICK & FLIP	Ages 5+ KICK & FLIP
6:00 PM 45 min	Ages 8+ KICK & FLIP	Ages 8+ KICK & FLIP	Ages 8+ KICK & FLIP	Ages 8+ KICK & FLIP
6:45 PM 45 min	Ages 8+ KICK & FLIP	Ages 8+ KICK & FLIP	Ages 8+ KICK & FLIP	Ages 8+ KICK & FLIP

4:00 PM 45 min	Ages 5+ SAFEGUARD Equipment Required	Ages 5+ MARTIAL ARTS	Ages 5+ SAFEGUARD Equipment Required	Ages 5+ MARTIAL ARTS
4:45 PM 45 min	Ages 5+ SAFEGUARD Equipment Required	Ages 5+ MARTIAL ARTS	Ages 5+ SAFEGUARD Equipment Required	Ages 5+ MARTIAL ARTS
5:30 PM 45 min	Ages 8+ *By invitation only BLACK BELT PREP Equipment Required	Ages 8+ MARTIAL ARTS	Ages 8+ *By invitation only BLACK BELT PREP Equipment Required	Ages 8+ MARTIAL ARTS
6:15 PM 60 min	Ages 8+ *By invitation only INSTRUCTOR PREP Equipment Required	Ages 8+ *By invitation only INSTRUCTOR PREP Equipment Required	Ages 8+ *By invitation only INSTRUCTOR PREP Equipment Required	Ages 8+ *By invitation only INSTRUCTOR PREP Equipment Required